



# R.K. International School

## NEWSWIRE

### BRAINWAVE BULLETIN

#### JANUARY 2025

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## RKIS Echoes :Empowering Today's Learners, Tomorrow's Leaders

Pocket E-396, Shradhapuri Phase 2, Near kailashi hospital Meerut, Uttar Pradesh  
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## VISION

The purpose of education is not to revolve around acquisition of a pre-determined set of skills, but rather the realization of one's full potential & the ability to use those skills for the greater good. The famous American educator John Dewey states "Education is not a preparation for life, but is life itself." Therefore the seeds of social change are sown in the imaginative brilliance of a child's mind. It is our earnest endeavor to provide a nurturing environment to allow the latent, potential & goodness of a child to blossom. As the purpose of education is the overall development of a child so as to make them the future leaders. By becoming leaders they will achieve the zenith of success. And thus making India super power & being called "sone ki chidiya" once again. These students will one day become engineers, doctors, IT professionals & thus we will contribute in the progress of nation. We shall produce such leaders by cultivating in them consciousness which pave way for social upliftment & instills sense of responsibility towards their nation with a sound knowledge in the context of a globalized world.

### TOP EVENTS

- LOHRI CELEBRATION
- COUNSELLING SESSION
- REPUBLIC DAY ACTIVITIES
  - \* Poster Making Competitions
  - \* Slogan Writing Competitions
  - \* Thumb Painting Activity
  - \* Art & Craft Activity (Grade 1st To 5th)
- EXCITING PUZZLE ACTIVITY
- REPUBLIC DAY CELEBRATION

### EVENTS



### UPCOMING EVENTS

- SPORTS DAY  
JUNIOR & SENIOR WING
- PARENTS WORSHIP DAY
- HOLI CELEBRATION

UPCOMING  
EVENTS



# LOHRI CELEBRATION

## 12 JANUARY, Monday



### “A Festive Gathering”

On January 12, 2025, our school joyfully celebrated Lohri, the vibrant festival marking the end of winter and the harvest season. The event was filled with enthusiasm as students and teachers gathered around a bonfire, symbolizing warmth and prosperity.

The celebration began with traditional folk songs and lively Bhangra and Gidda performances, showcasing the rich cultural heritage of Punjab. Students also shared the significance of Lohri, emphasizing its importance for farmers and its deep-rooted traditions. Everyone enjoyed the ritual of offering peanuts, sesame seeds, and jaggery to the fire while singing folk tunes.

The festive spirit was further heightened with engaging activities, including storytelling, quizzes, and a special distribution of traditional sweets. The event concluded with a message of unity and gratitude, reminding everyone of the values of togetherness and new beginnings.

The Lohri celebration at our school was a delightful experience, fostering joy and cultural appreciation among students and staff alike.





# Counseling Session 15 JANUARY, Wednesday



## “Let Us Fight the Exam Fever”

To help students manage stress and anxiety during exams, a special counseling session titled “Let Us Fight the Exam Fever” was conducted for classes 8 to 12. The session was led by Dr. Ritu Kela, a renowned mental health expert, who provided valuable insights on handling exam pressure effectively.

Dr. Kela emphasized the importance of a balanced routine, proper time management, and maintaining a positive mindset. She shared practical tips on relaxation techniques, healthy study habits, and ways to stay motivated. Through interactive discussions, students expressed their concerns and received expert guidance on overcoming fear and self-doubt.

The session concluded with a Q&A segment, where Dr. Kela addressed students' queries, leaving them feeling more confident and prepared. It was an enriching experience, equipping students with essential tools to approach their exams with a calm and focused mind.





# Republic Day

## Poster Making & Slogan Writing Competitions



On January 25, 2025, our school celebrated the spirit of the Republic with exciting Poster Making and Slogan Writing competitions for students of Classes 6 to 8. These activities aimed to instill patriotism and creativity among young minds as they expressed their love for the nation through art and words.

Students enthusiastically participated, showcasing vibrant posters and thought-provoking slogans that reflected the values of democracy, unity, and freedom. The event not only encouraged artistic expression but also deepened students' understanding of the significance of Republic Day. The best entries were awarded certificates and prizes, making the celebration both inspiring and memorable.





# THUMB PAINTING ACTIVITY

## 18 November ,Monday



### A Celebrating Republic Day with Colors!

On the occasion of Republic Day, our Kindergarten students participated in a fun-filled Thumb Painting Activity, expressing their creativity and patriotism through colors. Tiny hands dipped in bright hues brought the national symbols to life as they created beautiful tricolor designs, flags, and peacocks.

This engaging activity not only enhanced their fine motor skills but also instilled in them a sense of national pride. The young learners enjoyed the hands-on experience, making the celebration even more vibrant and memorable.

It was truly heart-warming to see our little artists embrace the spirit of Republic Day with such enthusiasm!





# Republic Day Art & Craft Activity for Classes 1-5



To celebrate the spirit of Republic Day, students from Classes 1 to 5 participated in a vibrant and engaging Art & Craft activity. The young artists showcased their creativity by making tricolor-themed crafts, including beautiful wall hangings, patriotic pencil stands, and decorative pieces inspired by the Indian flag.

The activity not only enhanced their artistic skills but also deepened their understanding of the significance of Republic Day. It was heart-warming to see their enthusiasm and pride reflected in their colourful creations. This hands-on celebration truly instilled a sense of patriotism and joy among the students.



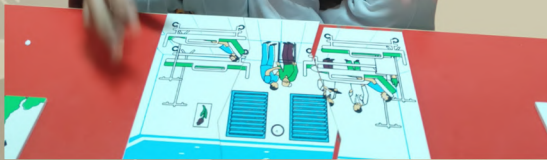


# EXCITING PUZZLE ACTIVITY FOR OUR KG STARS!



Our Kindergarten students recently participated in a fun-filled Puzzle Activity, designed to enhance their problem-solving skills and critical thinking. The little learners eagerly engaged in assembling colorful puzzles, improving their hand-eye coordination and logical reasoning while having a great time. This activity not only encouraged patience and teamwork but also sparked creativity and curiosity among the children. It was heart-warming to see their excitement and sense of achievement as they successfully completed their puzzles.

We look forward to organizing more such interactive sessions that make learning enjoyable and meaningful for our young minds!





# REPUBLIC DAY CELEBRATION

## 26TH JANUARY, SUNDAY



**A true patriot is a person who deeply believes in the unity and integrity of India.**



On 26th January 2025, our school proudly celebrated India's 76th Republic Day with great enthusiasm and patriotism. The event began with the hoisting of the national flag, followed by the singing of the national anthem. Students showcased their talents through speeches, patriotic songs, and cultural performances highlighting India's unity in diversity.

The celebration concluded with inspiring words from our principal, encouraging students to uphold the ideals of our nation. It was a day of pride and reflection, fostering a deep sense of patriotism among all.





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**JANUARY 2025**

# **R.K. INTERNATIONAL SCHOOL**

**Affiliated to premium C.I.S.C.E BOARD, NEW DELHI**



**Pocket E Shradhapuri Phase 2, Near kailashi hospital Meerut, Uttar Pradesh 250001**

This newsletter highlights the recent celebrations and events at RK International School, reflecting our commitment to fostering a vibrant educational community. From honoring our teachers and grandparents to engaging students in cultural, artistic, and spiritual activities, each event is designed to promote values such as love, knowledge, creativity, and community spirit. Our aim is to inspire students and educators alike, encouraging a lifelong love for learning and an appreciation for the traditions that shape our lives. We celebrate the achievements and talents of our students while fostering connections among families and the broader community.

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